



Sajid H. Ansari, M.D., FAGA
Picha Moolsintong, M.D.
Benjamin Schmidt M.D.
**Board Certified in Gastroenterology
& Hepatology**

EGD / ERCP

If you have any questions regarding your instructions please call our office at (314) 543-5200 option 1

PLEASE NOTE:

If you are having an ERCP, please be prepared to spend the night if needed. If you are having a gastroscopy expect to be there for at least 3 hours. Disregard instructions from the hospital to arrive there at any time other than stated above.

We make every effort to be on time, however emergencies do occur. Please accept our apologies if this causes you any inconvenience.

PREP consists of:

- If you are scheduled in the morning, you may have nothing to eat or drink after midnight the evening before your procedure.
- If you are scheduled after 1:00PM, you may have clear liquids up to 4 hours prior to your procedure.

Medications:

Do not take Iron or Vitamins plus Iron for **5 days prior** to your procedure.

Take your medication for **blood pressure, heart, anxiety, and asthma/lung** the morning of your procedure with just enough water to get the medication down (less than 3 oz). Bring your inhalers with you. If you are a diabetic, **do not take oral diabetic medication or Insulin in the morning of your procedure.** Take half of your usual Insulin dose the day before the procedure. If you are taking an injection for weight loss, stop the injection(s) 2 weeks prior to the procedure. If there are any issues regarding the interruption of your medication, contact your prescribing physician.

Blood Thinner Medications:

Dabigatran (Pradaxa) - hold 2 days	Rivaroxaban (Xarelto) - hold 2 days
Apixaban (Eliquis) - hold 2 days	Edoxaban (Savaysa, Lixiana) - hold 2 days
Ticagrelor (Brilinta) - hold 3 days	Warfarin (Coumadin, Jantoven) - hold 3 days
Clopidogrel (Plavix) - hold 5 days	Prasugrel (Effient) - hold 5 days
Ticlopidine (Ticlid) - hold 5 days	Cilostazol (Pletal) - hold 5 days
Dipyridamole (Aggrenox) - hold 5 days	Aspirin 325 mg - hold 5 days
	Aspirin 81 mg - hold day of procedure

****Patients with mechanical artificial heart valves cannot stop their anticoagulant medications (blood thinners) without discussion with their cardiologist****

Other Medications:

STOP GLP-1 Medications: Hold for 7 days for diabetes; Weight loss hold 7 days if scheduled at SCOPES or St. Clare Surgery Center, 14 day hold if scheduled at St. Lukes Hospital.

Ozempic (semaglutide), Wegovy (semaglutide), Mounjaro (tirzepatide), Trulicity (dulaglutide), Bydureon (exenatide), Zepbound (tirzepatide)

GLP-1 Daily (hold on day of procedure)

Saxenda (liraglutide), Rybelsus (semaglutide), Byetta (exenatide), Adlyxin (lixisenatide)

GLP-1 Insulin Analogs (hold on day of procedure)

Soliqua (insulin/lixisenatide), Xultophy (insulin/liraglutide)

SGLT-2 Inhibitor (hold 3 days prior to procedure)

Farxiga (dapagliflozin), Invokana (canagliflozin), Jardiance (empagliflozin), Steglatro (ertugliflozin), Victoza (liraglutide)

If you have any questions concerning these instructions, please call (314) 543-5200, Option 5, then dial 5977#. Please bring someone with you to drive you home due to sedation. You are welcome to use transportation services such as Uber, Lyft, or Medical Transport as long as you have a responsible adult over the age of 18 years with you.